Index No. Madrasha board-11-04-03-01-002 H.S.Council-111039 Phone: 9434148008 E-mail: aghmhs@gmail.com Dise Code: 19060505801

Abbasganj High Madrasah (H.S) P.O-Mothabari Dist-Malda. Pin-732207

Ref No.AHM/ /2019 From: Secretary /Headmaster, Date: 22.06.2019

Dr.Kamrul Asstt. Professor Deptt. of Physical Education Dr.Bhupendranath Dutta Smriti Mahavidhyalaya Hatgabindapour, Burdwan, W.B

Dear Sir,

I am expressing my sincere gratitude for your presentation at our facility. Your in-depth knowledge and insight on the sports arena left a profound impression on our students, and the clarity with which you shared your knowledge was commendable.

The practical application and research-based insight that you presented will undoubtedly stimulate fresh perspective within our team. I am sure that the information you shared will assist us in our ongoing projects and future opportunities.

Once again, thank you for carving out the time from your busy schedule to support our initiative. Your contribution to our educational endeavor is profoundly appreciated.

I wish you all the best in your ongoing work and look forward to potential future collaborations.

Best regards.

Dr. Debajyoti Haldar Head Health & Physical Education



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ABBASGANJ HIGH MADRASAH (H.S)

P.O-Mothabari, Dist-Malda.

Pin-732207

Ref No.AHM/ / 2019

Date:02.05.2019

From: Headmaster,

To Dr.Kamrul Hasan Asstt. Professor Deptt. of Physical Education Dr.Bhpendra Nath Dutta Smriti Mahavidyalaya Hatgovindapur Burdwan, W.B

Dear Sir,

We cordially invite you to the "Recreation and Fitness Session" for students of our institution on 22.06.2019 from 2:30pm to 3:30pm at "Leadership Camp" which will be held at Valki Machan, Burdwan.

We are sure that your presence will inspire our students. We hope you will find it convenient to accept our invitation for the session.

We would be deeply honored to have you amidst us.

Thanking You.

Regards.



Dr.Debajyoti Haldar Head Deptt.of Health & Phy.Edn.

Extension Activity on Recreation and Fitness Session at Leadership Camp of Abbasganj High Madrasah (Malda) held at Valki Machan, Burdwan. 22nd June, 2019

Objectives:

Leadership camps are a great way to learn actual management and leadership skills that will prove useful throughout life. Knowing how to direct, lead, delegate, manage, inspire, and work in teams, are all critical real-world life and management level skills. The objective of Recreation and Fitness Session at Leadership Camp is to teach the students the important of fitness and recreation in modern life and how it will help to improve our life style.

Beneficiaries:

Total 55 students from Class 7 to 9 of Abbasganj High Madrasah, Malda has participated in this Recreation & Fitness session of a leadership camp held at Valki Machan, Burdwan on 22.06.2019.

Outcome:

The significance of this saying has increased manifold in today's fast-paced and competitive world where students are forced by both their guardians and the conglomerate of society and situations as a whole to devote increasing hours in academic learning, whether theoretical or practical and knowledge enhancing activities so that they can stay ahead in the rat race. Add to that the present way of life where people mostly stay in small nuclear families and with parents working, the viability of our own home as a place where we can have recreational time has diminished.

Perhaps This type of session, help in overall development of a student's physically, mentally, and emotionally. It not only helps to gather knowledge but to use it ethically to lead a healthy and better life. This session enriches the students to live with a more practical approach to life. It also enhances ones all round development, thus helping to achieve success in one's endeavours.

Assistant Professor Department of Physical Education Dr. B.N. Dutta Smriti Mahavidyalaya Hatgobjndapur, Burdwan